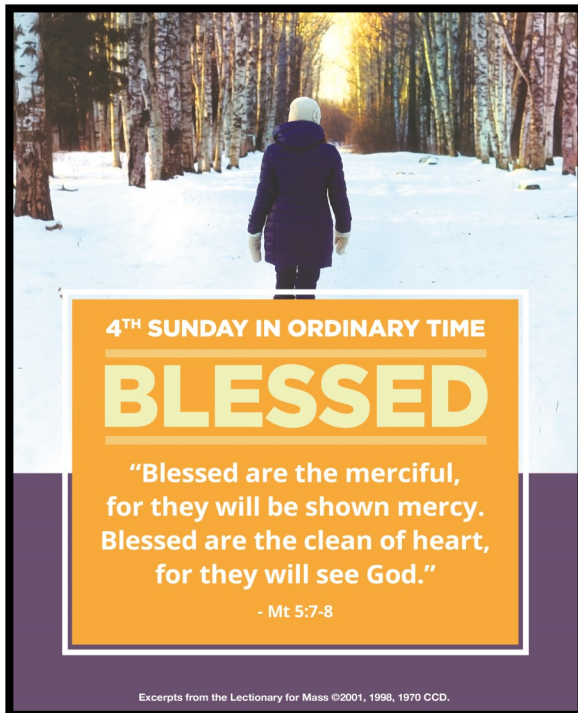


Blessed Sacrament Church

3012 Jackson Street * Sioux City, IA 51104 * 277-2949 * Like us on Facebook

Website: blessedsac.com * Radio Masses: Sunday—9:00 a.m. 1360 KSCJ 94.9 FM

January 29th, 2017



4TH SUNDAY IN ORDINARY TIME

BLESSED

“Blessed are the merciful,
for they will be shown mercy.
Blessed are the clean of heart,
for they will see God.”

- Mt 5:7-8

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

Parish Office:

Phone: 277-2949

3012 Jackson St.

Hours: 8:00 am — 4:00 pm, Mon—Fri

Weekend Liturgies

Saturday—4:30 pm

Sunday—7:30 am, 9:00 am & 10:30 am

Weekday Liturgies see schedule inside

Mon thru Fri. -6:45 am

Holy Day Liturgies

Evening before—5:30 pm

Holy Days—6:45 am, 8:00 am

Sacrament of Reconciliation

Saturday—3:45 pm

Weekdays—20 minutes Prior to Mass

Prayers Request Line:

Sue Lilla—255-3956

dsuelilla@gmail.com

Baptism:

By appointment following required pre-baptism class.

Marriage:

By appointment following required 6 month marriage preparation program. Please call parish office to make appointment.

Communion Sick Calls:

Persons unable to attend Mass, please contact the parish office to make arrangements to receive the sacraments.

Anointing of the Sick:

Please contact the parish office.

Learning Centers:

Parish Religious Ed. Programs 277-4739 Ext. 115

Angel House—3002 Jackson St 277-2001

Angel House/Villa Maria—2302 West St. 234-1854

Holy Cross—Blessed Sacrament Center 277-4739

Holy Cross—St. Michael Center 239-1090

BHCS Central Office—1018 Grandview 252-1350

Pastoral Staff:

Pastor: **Rev. Daniel Rupp**

Permanent Deacon: **Fred Karpuk**

Permanent Deacon: **Dick Billings**

D.R.E./Youth Ministry: **Fran O'Tool**

Liturgy Coordinator: **Ann Schultz**

Parish Coordinators:

Director of Operations: **Terry McElroy**

Parish Director: **Joseph M. Puetz**

Parish Director: **Gina M. Sitzmann**

Finance Committee Chair: **Kathy Pynn**

Pastoral Council Chair: **David Sly**

Peace & Justice Coordinator: **Bernadette Rixner**

Adult Faith Formation Coordinator: **Betty Pratt**

Knights of Columbus Grand Knight: **Anthony Gabriel**

Bishop Heelan Catholic Schools:

BHCS President: **Jim Tschann** Holy Cross School

Principal: **Michael Sweeney**

Our Mission:

We, the Blessed Sacrament Parish Family, seek to be a community of peace justice and love, as expressed in the Gospel of Jesus Christ

Our Parish Life

Tuesday	January 31, 2017
10:00 am	Prayer Shawl Ministry Mtg.
7:00 pm	First Reconciliation– St. Mike's
7:00 pm	Bible Study
Wednesday	February 1, 2017
9:30 am	Bible Study
6:30 pm	PREP
7:15 pm	Choir Practice
Thursday	February 2, 2017
7:30 am-5:15 pm	Eucharistic Adoration
7:30 am	Bible Study
1:00 pm	Sewing Circle (Angel House)
7:00 pm	Bible Study-St. Mikes Parish
7:00 pm	RCIA– Blessed Sacrament Parish

Catholic Pre-School Open House

Preschool Kiddie Crusaders Open Houses will be held at these dates and locations:

Monday, Feb 6, 5-6:30 pm Heelan CYO, Lower Level. 1102 Grandview

Tuesday, Feb. 21, 5-6-30 at Mater Dei-Immaculate Conception School, 3719 Ridge

Thursday, Feb. 23 at Holy Cross-St. Michael School, 4105 Harrison St.

This weekend is FOOD TO SHARE WEEKEND

We are out of spaghetti sauce, and low on regular spaghetti noodles, pancake mix & syrup, macaroni & cheese, dishwashing liquid, shampoo and detergent. Thanks for your continued support of this ministry.

Marriage Encounter

Give the GREATEST gift of all to your spouse, the gift of LOVE and your time. The gift of a marriage Encounter weekend will last forever. The weekend experience provides a quiet, awesome environment for couples to focus on one another and grow their relationship. For information or to sign up, 563-608-3305; or iowa-wwme.org.

PRE-BAPTISM CLASS

St. Michael's Catholic Church, 2223 Indian Hills Dr., will have Pre-Baptism Class Sunday, February 5, 2017 at 10 am in the Parish Center. Please call the St. Michael's Parish Office 239-2411 to register.

Diocesan Women's Conference 2017

We are excited to announce that bestselling author, syndicated catholic talk show host, and internationally known speaker, Teresa Tomeo will be joining us on March 25, 2017 at St. Lawrence Catholic Church in Carroll, IA. The Conference will also feature breakout sessions with Laura Anderson, Mary Brandt and more. Registration will open soon,

Mass Schedule & Intentions

Monday	January 30, 2017
6:45 am	Chuck Condon
Tuesday	January 31, 2017
6:45 am	Pat & Jim Duffy
Wednesday	February 1, 2017
6:45 am	Eileen Follett
Thursday	February 2, 2017
6:45 am	Brian Gallardo
5:30 pm	Edythe Doyle
Friday	February 3, 2017
6:45 am	Linda Conolly
8:00 am	Pat Conway
Saturday	February 4, 2017
4:30 pm	Mark Croghan
Sunday	February 5, 2017
7:30 am	Blessed Sacrament Parish
9:00 am	Gene Windeshausen
10:30 am	Steven Gubbels

Servers

Saturday	February 4, 2017
4:30 pm	Mason & Brooklin Froehlich, Andrew Skaggs
Sunday	February 5, 2017
7:30 am	Ellie, Connor, Trevor & Carter Ritz
9:00 am	Emma & Lorlei Ryan, Lauren Sobaski
10:30 am	Megan & Derek Hartnett, Nolan Osburn

Extra-Ordinary Ministers

Saturday	February 4, 2017
4:30 pm	Mary Ann Audino, Susan Boutwell, Patrick Brobst, Rita Fairfield, Dan Fleming, Diana & Jack Grubb
Sunday	February 5, 2017
7:30 am	Cindy Gray, Mary Japel, Peggy Jung, Al Metz
9:00 am	Cris Berger, Betty Pratt, Marty & Mary Jo Reilly, Dan Ryan, Dennis Wiltgen
10:30 am	Jeanette Frey, Marilyn Joyce, Sandra Keane, Steve & Terri Kimbell, Gordon & Kathy Pynn

Gift-Bearers

Saturday	February 4, 2017
4:30 pm	Sr. Colane Recker & Suzanne Werms
Sunday	February 5, 2017
7:30 am	Bonnie Bentley
9:00 am	Elise Burrows & Family
10:30 am	Mary & Denny Hicklin

Check out the Catholic Globe's biggest edition on Catholic Schools Week! Got news? Email news@scdiocese.org or (712) 255-2550 or (800) 352-9035.



From the desk of Fr. Dan Rupp..

Sunday January 29, 2017–The Fourth Sunday in Ordinary Time

Briar Cliff University Collection This Sunday

This is Briar Cliff Sunday!!! There will be a special offering to assist with scholarships for Briar Cliff students. Currently, 98% of Briar Cliff students depend on scholarship aid to make it possible for them to attend the only Catholic University in the Diocese of Sioux City. Please help these young members of our parishes by contributing to the Briar Cliff Sunday offering.

Catholic Schools Week

This week we are celebrating Catholic Schools Week. It will be an exciting week at the school as they have special events going every day. Please keep the students and the schools in your prayers.

Diocesan Women's Conference

The bestselling author, syndicated Catholic talk show host, and internationally known speaker, Teresa Tomeo will be the keynote speaker at the Diocesan Women's Conference on March 25, 2017 at St. Lawrence Catholic Church in Carroll, IA. The Conference will also feature breakout sessions with Laura Anderson, Mary Brandt and more! You can pre-register at www.scdiocese.org/womens-ministry.

Diocesan Men's Conference

The diocesan Men's Conference will be held on Saturday, April 1st from 8 am – 3 pm at St. Joseph's Church in LeMars. Deacon Tom Henrich will be the keynote speaker. More information will follow soon!!

March for Life

The annual March for Life will be taking place in Washington, D.C. this Friday January 27, 2017. There are groups that will be in attendance from the Diocese of Sioux City. Please keep their efforts and travels in your prayers. And please pray for this cause, to overturn Roe v. Wade and finally put an end to abortion.

Ecumenical Service Review

About 175 people attended the service, with clergy representing Catholic, Lutheran, Presbyterian and Methodist faiths, as well as guests from even more faith traditions. It was great to pray with one voice with all of these people of other faiths. A special thanks to the Peace and Justice Committee, the Adult Faith Formation team, Jan Miller (our choir director) and our choir, everyone who provided treats, those who helped set up and take down, and all who participated and attended. A great time was had by all!!!

Food, Family and Fellowship

Chicagoan-Italian Roast Beef Heroes

These will be great for the Super-Bowl next Sunday. I made these once and they were delicious!! Check out the video link at the end!!!

Sandwiches Ingredients:

1 beef chuck roast (3-3 1/2 pounds); Kosher salt and coarse black pepper; 4 tablespoons extra virgin olive oil; 3 onions, 2 chopped and 1 thinly sliced; 6 cloves garlic, sliced; 2 large fresh bay leaves; A small handful of thyme sprigs; 2 stems fresh rosemary; 1 1/2 teaspoons dried oregano or marjoram (half a palmful); 1 1/2 cups (1/3 bottle) dry red wine; 4 cups beef stock (32 ounces); 1 can diced tomatoes (15 ounces); 4 cubanelle peppers or 2 bell peppers, seeded, halved and thinly sliced; Deli-sliced provolone cheese (optional); Italian-style hoagie rolls (1 per person), split but not cut all the way through

Preparation

For the beef, pre-heat the oven to 325°F and bring the meat up to room temperature. Heat a large Dutch oven over high heat with 1 tablespoon of extra virgin olive oil. Pat the roast dry and season liberally with kosher salt and pepper. In the hot oil, brown the roast evenly all over and remove. Wipe the pan out and reduce the heat to medium. Add another two tablespoons of the pan olive oil then add the chopped onions, garlic and herbs and stir. Cook for 5-6 minutes to soften, add the wine to deglaze the pan and reduce for 5 minutes more. Add the stock and tomatoes and stir. Add the roast back into pot, cover and roast in the oven for 3-3 1/2 hours to tender. Remove the meat and let rest. Strain the sauce and return it to the pot. Turn the heat on high and reduce by half, about 10-15 minutes. Meanwhile, heat 1 tablespoon olive oil in a skillet over medium to medium-high heat. Add the cubanelle or bell peppers and sliced onion and season with salt and pepper. Soften for 10-15 minutes. Add some of the meat sauce to the onions and peppers to deglaze. Dip thinly sliced or shredded beef in the sauce and stuff the hoagie rolls. Top with cheese, peppers and giardiniera. You may watch a video on how to make it at:

http://www.rachaelrayshow.com/recipe/13633_Chicagoan_Italian_Roast_Beef_Heroes/

Youth Ministry News

PREP Calendar

Tuesday, January 31, 2017

7:00 pm First Reconciliation at St. Michaels

Wednesday, February 1, 2017

6:30 pm PREP Class

You are Invited—

Nativity would like to invite you to a unique opportunity to begin your Lenten season. Television star Frank Runyeon, will bring Scripture to life as he performs his "Sermon on the Mount" on February 22, 2017, at 7 pm. This will be followed by "HOLLYWOOD vs FAITH: the Three other Beatitudes," in which Frank discusses, with humor, the very different beatitudes the media are teaching us, and the choices we face daily as America and as people of faith.

Prior to this, at 5:30 pm Frank will offer a special "Salt and Light" a comedy for kids. Amid squeals of laughter, and an ocean of hands of eager volunteers, Frank guides the kids through selected riddles and stories from Scripture. All ages are welcome to this event.

Discover Heelan Night

Discover Heelan Night will be held Monday, Feb. 6th at 6pm at Bishop Heelan High School for incoming freshman and other interested students. Parents and students will start with tours at Heelan's 1021 Douglas St. door and move to its new Fine Arts Building, where there will be refreshments and information on tuition assistance. A program will be held at 7:15 pm with Heelan Principal Christian Bork and directors addressing academics, student clubs, sports, faith activities, guidance and more. Spanish interpreters will be available. For more information call 252-1350

Kindergarten Registrations are in February

Kindergarten Registration events will be held at our Catholic elementary schools at **1 and 6 pm** on these dates: **Monday Feb. 20th**-Sacred Hear School
Tuesday Feb. 21st-MaterDei-Immaculate Conception
Thursday Feb. 23rd- Holy Cross-St. Michael School

11 Days in The Best of Ireland & Northern Ireland, Hosted by Fr. Dan Guenther. November 6-16, 2017. \$3199 per person from Omaha frdanguenthe@gmail.com 712 225 4606

Holy Cross School News

Catholic Schools Week will be celebrated **January 28th - February 4, 2017**. The theme for Catholic Schools Week is "**Catholic Schools – Communities of Faith, Knowledge and Service.**" Thank you to the faculty, staff, parents, students, and parishioners for giving your time, talent, and treasure to make a quality Catholic education possible for our students. May God bless you for your dedication.

January 30:

Students will be collecting items for Mary's Choice and making place mats and cards for nursing homes. Items needed for Mary's Choice are diapers (any size), formula, new or slightly used baby clothing, cribs, high chairs, playpens or money to buy these items. Items may be brought to school January 30-February 3.

January 31:

- **7:30-8:15 am** Muffins for Mom/Donuts for Dad
Parents are welcome to attend. Knights of Columbus will be making breakfast for BS Center students

- **9:00 am** 3rd grade visits Holy Spirit Retirement Home,
Students art will be on display in the main hallway at both centers

- **12:30-1:15 pm** Talent Shows Grade 3-5

- **1:30-2:15 pm** Talent Show Grade 6-8

Parents are welcome to attend.

February 1:

- PK-8th grade students may wear red, white, or blue with jeans or sweats.

- LIFE Team bake sale @ BS Center

- Grades 3-5 play Bingo

February 2:

- **9:15 am** 4th grade attends the Symphony

- **1:15 pm** Quiz Bowl. *Parents are welcome ..*

February 3:

PK-8th grade students may wear jeans or sweats and an appropriate shirt.

- **8:00 am** BS Center Mass,

- **11:30 am** Early dismissal BS Center.

- **NOON** Early dismissal SM Center **noon**.

Lunch will not be served at either center. Buses will run accordingly. No after school daycare @ St.Mikes.

February 4:

- **6-8 pm** Catholic Schools Week Family Fun Night, @ Sgt. Bluff Community Center. \$1 per person. All children must be accompanied by an adult – this is not a drop off event.



ANGEL HOUSE
www.angelhousepreschool.com
Angel House at Villa Maria
2302 West St., Sioux City • 234-1854
2 years - 12 years
Angel House Preschool & Child Care
3002 Jackson St., Sioux City • 277-2001
3 years - 12 years

Thank You!

To Our
January 29, 2017
Radio Mass
Sponsor

**Mills
Shellhammer,
Puetz &
Assoc.**