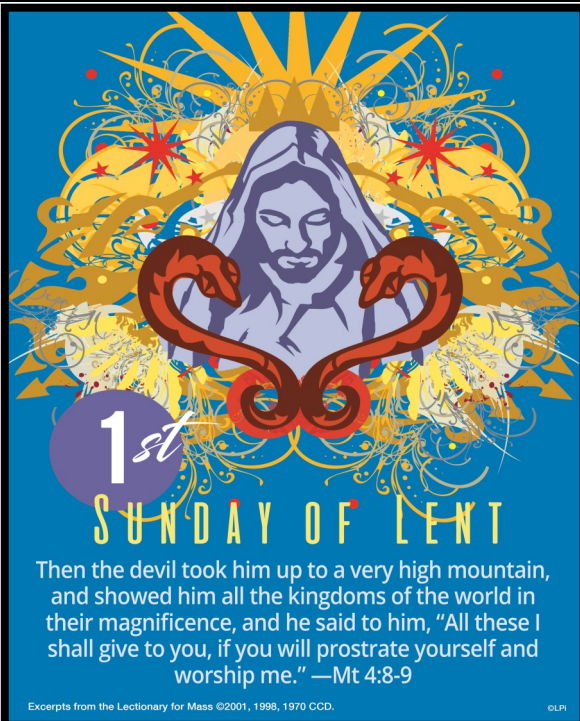


Blessed Sacrament Church

3012 Jackson Street * Sioux City, IA 51104 * 277-2949 * Like us on Facebook

Website: blessedsac.com * Radio Masses: Sunday—9:00 a.m. 1360 KSCJ 94.9 FM

March 5, 2017



Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

OLPI

Parish Office:

Phone: 277-2949

3012 Jackson St.

Hours: 8:00 am — 4:00 pm, Mon—Fri

Weekend Liturgies

Saturday—4:30 pm

Sunday—7:30 am, 9:00 am & 10:30 am

Weekday Liturgies see schedule inside

Mon thru Fri. -6:45 am

Holy Day Liturgies

Evening before—5:30 pm

Holy Days—6:45 am, 8:00 am

Sacrament of Reconciliation

Saturday—3:45 pm

Weekdays—20 minutes Prior to Mass

Prayers Request Line:

Sue Lilla—255-3956

dsuelilla@gmail.com

Baptism:

By appointment following required pre-baptism class.

Marriage:

By appointment following required 6 month marriage preparation program. Please call parish office to make appointment.

Communion Sick Calls:

Persons unable to attend Mass, please contact the parish office to make arrangements to receive the sacraments.

Anointing of the Sick:

Please contact the parish office.

Learning Centers:

Parish Religious Ed. Programs 277-4739 Ext. 115

Angel House—3002 Jackson St 277-2001

Angel House/Villa Maria—2302 West St. 234-1854

Holy Cross—Blessed Sacrament Center 277-4739

Holy Cross—St. Michael Center 239-1090

BHCS Central Office—1018 Grandview 252-1350

Pastoral Staff:

Pastor: **Rev. Daniel Rupp**

Permanent Deacon: **Fred Karpuk**

Permanent Deacon: **Dick Billings**

D.R.E./Youth Ministry: **Fran O'Tool**

Liturgy Coordinator: **Ann Schultz**

Parish Coordinators:

Director of Operations: **Terry McElroy**

Parish Director: **Joseph M. Puetz**

Parish Director: **Gina M. Sitzmann**

Finance Committee Chair: **Kathy Pynn**

Pastoral Council Chair: **David Sly**

Peace & Justice Coordinator: **Bernadette Rixner**

Adult Faith Formation Coordinator: **Betty Pratt**

Knights of Columbus Grand Knight: **Anthony Gabriel**

Bishop Heelan Catholic Schools:

BHCS President: **Jim Tschann** Holy Cross School

Principal: **Michael Sweeney**

Our Mission:

We, the Blessed Sacrament Parish Family, seek to be a community of peace justice and love, as expressed in the Gospel of Jesus Christ

Our Parish Life

Tuesday	March 7, 2017
10:00 am	Prayer Shawl Ministry Mtg.
7:00 pm	Bible Study
7:00 pm	Finance Meeting
Wednesday	March 8, 2017
9:30 am	Bible Study
6:30 pm	PREP
7:15 pm	Choir Practice
Thursday	March 9, 2017
7:30 am-5:15 pm	Eucharistic Adoration
7:30 am	Bible Study
1:00 pm	Sewing Circle (Angel House)
7:00 pm	Bible Study-St. Mikes Parish
7:00 pm	RCIA- Blessed Sacrament Parish
Friday	March 10, 2017
5:30 pm	Stations of the Cross

Parish Financial Blessings Year-to-Date Giving Information July 1, 2016-February 26, 2017

Total Income.....	\$662,581.94
Total Expenses.....	\$823,472.73
Difference.....	-\$160,890.79
Sunday Collections	
Auto <u>44</u> Env <u>120</u>	\$12,269.55
Loose Contributions.....	\$565.16

Bills Paid This Week

BHCS.....	\$59,199.00
City of Sioux City.....	\$595.73
Payroll.....	\$20,500.00
Cable One.....	\$113.49
Janitor Depot.....	\$375.19
Staples.....	\$227.11
Federal Taxes.....	\$3,583.04

Upcoming Bills

Property & Liability.....	\$30,450.02
Cathedraticum/Education Fund.....	\$1,208.00

Carmelite Board Day of Recollection

All Carmelite honorary members, parishioners, and friends are invited to attend the annual Day of Recollection sponsored by the Carmelite Board members. The Day of Recollection will be held on **Monday, March 6, 2017** at the Carmelite Monastery, 2901 So. Cecilia, with registration at 8:45am. The Day begins at 9:00am with Rev. Vern Smith as Celebrant of the Mass followed by Exposition of the Blessed Sacrament, reflection time, an opportunity for the Sacrament of Reconciliation, and Benediction. A hospitality brunch will be served from 10:30-11:00am. The Day will continue with a message from Deacon Dick Billings followed by closing prayer and concluding at 12 noon. There is no charge. For more information call 712-258-7454.

Mass Schedule & Intentions

Monday	March 6, 2017
6:45 am	Dr. Jim Wise
Tuesday	March 7, 2017
6:45 am	Kevin Brady
Wednesday	March 8, 2017
6:45 am	Irene "Babe" Brainerd
	Thursday March 9, 2017
6:45 am	Wilma Cronin Spartz
5:30 pm	Richard Girard
Friday	March 10, 2017
6:45 am	Msgr. Roger Augustine
8:00 am	Bob Egan & Erik Nielsen
Saturday	March 11, 2017
4:30 pm	Russ LaFleur, Wayne Will
Sunday	March 12, 2017
7:30 am	Deceased members of the Venteicher & Watson Families
9:00 am	Blessed Sacrament Church
10:30 am	Donnie Kober, Bob Olson, Pam Sweeney (Anniversary)

Servers

Saturday	March 11, 2017
4:30 pm	Mason & Brooklin Froehlich, Megan Janssen
Sunday	March 12, 2017
7:30 am	Kate Maly, Elliot McLarty
9:00 am	Emma & Lorilei Ryan, Lauren Sobaski
10:30 am	Nolan Osburn, Megan & Derek Hartnett

Extra-Ordinary Ministers

Saturday	March 11, 2017
4:30 pm	Susan Boutwell, Rita Fairfield, Sandra Keane, Sr. Colane Recker, Barb Vakulskas, Pat Wash, Ann Feauto
Sunday	March 12, 2017
7:30 am	Mary Japel, Betty Pratt, David Sly, JoAnn Watson
9:00 am	Cris Berger, Carl Hardy, Wayne Lilla, John McCarthy, Joan Rizk, Dan Ryan
10:30 am	Jeanette Frey, Marilyn Joyce, Mike Meier, Gordon & Kathy Pynn, Florence Victor, Dawn Witzke

Gift-Bearers

Saturday	March 11, 2017
4:30 pm	Art & Rita Fairfield
Sunday	March 12, 2017
7:30 am	Gary & Carolyn Maly
9:00 am	Elise Burrows & Family
10:30 am	Gordon & Kathy Pynn

Thank you to all for your generous donations to the Carmelite Nuns annual grocery and household funds collection. The Sisters with grateful hearts pray daily for your parish family.



From the desk of Fr. Daniel Rupp...

March 5, 2017-The First Sunday in Lent

Upcoming Lenten Series

Our Lenten Series entitled "Make This Lent the 'Worstest' Thing You Liked," will meet again this Monday. Please attend!!

Stations of the Cross

Don't forget to attend Stations of the Cross on Friday nights at 5:30 pm during Lent. Bring the whole family!!!

Night of Confessions – Leave the Light On

I will be in the confessional on Tuesday, March 14th from 5 – 7 pm. This is part of a diocesan wide night of confessions known as "Leave the Light On." It is a good time to go to confession. There will also be several Communal Penance Services held throughout the city.

Lenten Rules

Here are the rules for Lent. Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence (from meat). The norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal. Two smaller meals may also be taken, but not to equal a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

Twins Baseball Trip

With the arrival of spring comes Major League Baseball. The parish is planning a trip on Sunday, May 7th to see the Twins play the Red Sox at 1:10 pm. The cost of the tickets is about \$35. We are working on the cost of transportation (bus). If you have any interest in going, please call the parish office so we can put you on the list of interested parties.

Diocesan Women's Conference

The bestselling author, syndicated Catholic talk show host, and internationally known speaker, Teresa Tomeo will be the keynote speaker at the Diocesan Women's Conference on March 25, 2017 at St. Lawrence Catholic Church in Carroll, IA. The Conference will also feature breakout sessions with Laura Anderson, Mary Brandt and more! You can pre-register at www.scdiocese.org/womens-ministry.

Diocesan Men's Conference

The diocesan Men's Conference will be held on Saturday, April 1st from 8 am – 3 pm at St. Joseph's Church in LeMars. Deacon Tom Henrich will be the keynote speaker. More information will follow soon!!

Food, Family and Fellowship

Honey Buttermilk Bread Recipe

The "Prime Rib" of Breads – It is Delicious!!!

Ingredients: 1 envelope yeast; 1 teaspoon sugar; 1/4 cup warm water; pinch of ginger (helps activate the yeast) 2 cups warm buttermilk; 1/3 cup honey; 1/4 cup butter, melted & cooled so that it is warm to the touch but not hot. 1 teaspoon salt; 3/4 teaspoon baking soda; 6 cups white bread flour

Instructions: 1. Mix the ginger, sugar, yeast, and water and set aside for five minutes. 2. Mix buttermilk, honey, salt, baking soda in with the yeast mixture. 3. Add three cups of flour and mix until smooth. On an electric mixer it is about 5 minutes on low speed. 4. Mix in butter until it is totally incorporated into batter. 5. Now, begin to add the rest of the flour, one cup at a time, keeping mixer on low speed. 6. When dough pulls from the sides of the bowl remove it from the mixer to a floured surface and knead until elastic and smooth. 7. Place in greased bowl, turn to grease the top, cover and allow to rise for 1 1/2 hours. 8. Punch down and form into two loaves. Place in greased loaf pans and grease tops. 9. Cover, and allow to rise for 45 minutes. 10. Preheat oven to 400F. Bake for 30 minutes, covering tops with foil if they brown too fast. 11. Remove loaves from oven and brush with melted butter. 12. Allow to cool in pans for 10 minutes. 13. Turn out and cool completely on a rack. Cover the loaves if you want soft crusts.

Note – It may help to watch a bread kneading video on Youtube, if you've never kneaded bread before.

Youth Ministry News PREP Calendar

3/8/17 Class 6:30-7:30 PM
3/15/17 Reconciliation for Grades 2-9
First Communion Learning Centers Friday, March 24th

The Catholic Daughters of Sioux City, Court Ave. Maria #269, are accepting applications from 8th grade students planning to enroll at Bishop Heelan Catholic High School in the fall of 2017. The applications are available in the office of the catholic 8th grade building. Contact Cleo Harder (712) 898-4229 or cha8703626@aol.com for additional information. In 2016 Court Ave Maria awarded three \$500 scholarships

May They Rest in Peace

Dorothea Bertrand Eickholt, mother of Sheryl Fleming, passed away February 24, 2017. Her mass of Christian Burial was held at St. Michael's Church, Thursday, March 2nd. **Bevelyn O'Brien**, passed away February 26, 2017 and her Resurrection Liturgy was held March 4, 2017 at Blessed Sacrament Church. May the angels of heaven welcome **Dorothy** and **Bev** into heaven and our prayers be with their families.

LENTEN ALMS

The current recipient of the Lenten alms in the burlap covered cans at the church entrances is **Mary J. Treglia Community House**. Starting this Wednesday, March 8-Tuesday-March 14, the recipient will be the **Warming Shelter, 916 Nebraska St**. The Warming Shelter provides a safe place to stay for people who have no shelter during the nights in the winter.

Nativity Men's Club Friday Night Fish Dinners

Dinner will be served from 5 to 7:00 p.m. every Friday during Lent (March 3 thru April 14).

Fresh Alaskan Pollock, fried or baked, Potatoes, Salad Bar, Macaroni & Cheese, Beverage & Dessert Table. All you can eat: Adults \$9; children 12 & under \$4 children 3 & under FREE! Nativity Parish Center, 4243 Natalia Way, Sioux City, IA

St. Michael Famous Fish Dinners

A Tradition of 60+ Years

March 3 – April 7 4:30 – 7:00 PM

Serving Buffet Style, Salad Bar, Desserts & Beverages.

Adults \$9.00 Children age 5-10 \$5.00 Children 4 & under Free

Adult Carryouts available. Cabbage Patch Dolls & \$200 Grocery Gift Cards Raffle

HOLY CROSS SCHOOL NEWS

Monday, March 6:

Students in grades 5 & 8 will be taking ACRE tests Mar. 6-10

- ◆ Living Rosary presented by 8th gr. LIFE Team, 12:40pm @ Blessed Sacrament Church. Parents welcome!

Tuesday, March 7:

- ◆ PK students celebrate National Pancake and PJ Day K-8 grade jeans/sweats day for fleece blankets for Mercy Medical Center

Wednesday, March 8:

- ◆ SM Center Mass, 8:30 AM
- ◆ 7th grade math bee, 9:00 AM

Thursday March 9:

- ◆ 8th grade math bee, 9:00 AM
- ◆ **BHCS Strategic Plan Town Hall Meeting**, 6-7:30pm @ Sacred Heart School

Friday, March 10:

- ◆ BS Center Mass, 8:00 AM
- ◆ WINGS Conference for 8th grade girls, 9:00 AM

Up Coming Event—"Then Feed Just One"

The annual BHCS service project "Then Feed Just One" for the poor in Honduras will be **Wednesday, April 5th** at Bishop Heelan High School from 7:30 am-3:10 pm. Every student in grades 5-12 are asked to donate \$20 to cover food to make the meals and transportation costs to ship the meals. If you would like to donate money to cover the cost of a student in need, please send it to and/or contact Father Deman at Bishop Heelan 252-0573. Adults who want to work at the packing event are asked to donate \$20. If you want to receive more information contact Julie Stubblefield at Holy Cross - Blessed Sacrament, 277-4739 /stubblefieldj@bishopheelan.org.

Catholic Relief Service Rice Bowl

Catholic Relief Services' Lenten faith-in-action program. The calendar offers daily opportunities for your family to engage in the spiritual pillars of Lent: prayer, fasting and almsgiving. Join our faith community—and nearly 14,000 Catholic communities across the United States in a life-changing Lenten journey of encounter with CRS Rice Bowl. Pick up your CRS Rice Bowl on the communion rail or on the table in back of church. May these 40 days better prepare us to encounter ourselves, our neighbors and our God

St Boniface Spring Dinner

FEATURING SNEAKY'S CHICKEN

Sunday March 12. Serving 11-3pm. Adults \$8.00 Children under 12 \$4.50 Carry outs available for \$8.00

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